Checking if you may be entitled to DLA now, gives you the opportunity to find out if your claim is likely to succeed.

We have special rules if you have a progressive disease and you are not expected to live longer than 6 months. If this applies to you, please fill in the claim form. If this does not apply to you, please go to question 1 below.

1. Do you have difficulty, need prompting or help with your personal care, or with getting around outdoors, because of a physical or mental health problem, sight, hearing or speech difficulties?

Examples of personal care include things like:
- getting in and out of bed
- getting washed or dressed
- using the toilet
- moving around indoors
- eating or drinking
- cooking yourself a meal – this includes difficulties with planning your meal, motivation, using hot pans and kitchen utensils
- encouragement to look after yourself – this includes your appearance and personal hygiene
- taking medication – this includes things like oxygen therapy, injections, inhalers and coping with side effects
- communicating (such as hearing and speech)
- continual supervision to keep you safe – this includes things like being a danger to yourself or others, being at risk of self-neglect or self-harm and being at risk of wandering
- you may also get confused, have fits or blackouts or be at risk of falling so need someone to keep an eye on you.

Examples of getting around outdoors include things like:
- you cannot walk at all
- you can only walk a short way, on a reasonably flat surface, before:
  - feeling severe discomfort
  - you become unsteady
  - getting short of breath or dizzy
  - it becomes dangerous to your health to continue
- you may need someone with you so you do not:
  - put yourself or others in danger
  - wander off or get lost

Examples of what is not taken into account include things like:
- dusting
- vacuuming
- mowing the lawn
- other general household domestic tasks

Yes [ ] Go to question 2 overleaf. No [ ] Go to question 3 overleaf.
2. You normally only qualify for DLA when you have needed help for 3 months **AND** you must also be likely to need this help for 6 months after the date you qualify.

Do you think you will need help for at least 6 months after the 3 month qualifying period is satisfied?

Yes ☐ Fill in the claim form. No ☐ Go to question 3.

3. Do any of the following conditions apply to you?
   - You need help with dialysis at home or in a minimum care unit at least twice a week.
   - You are both 100% blind and 80% deaf and you need someone with you when you are outdoors.
   - You have had both legs amputated at or above the ankle, or you were born without legs or feet.
   - You have a severe mental impairment which causes severe behavioural problems.

Yes ☐ Fill in the claim form. No ☐ You are unlikely to qualify for DLA but if you are still considering making a claim you may wish to speak to a DCS advisor first by ringing 08457 123456 and selecting option 2 to arrange for an advisor to call you back.

(Textphone: 08457 224433)